

COACH WITH CLARITY[®]

CERTIFIED CLARITY COACH PROGRAM TENTATIVE SCHEDULE

Module One: Coaching Fundamentals

Wednesday, May 31, 2023 – 1-3pm ET

Lesson One – Program Orientation; What is Coaching?; Differentiating Coaching from Other Approaches

Wednesday, June 7, 2023 – 1-3pm ET

Lesson Two – Coaching Ethics; An Intro to DEI in Coaching

Wednesday, June 14, 2023 – 1-3pm ET

Lesson Three – The Foundations of Coaching: The C.A.R.E. Model

Thursday, June 22, 2023 – 1-3pm ET

Lesson Four – Structuring a Standard Session: The Keyhole Coaching Model

PEER COACHING BEGINS

Thursday, June 29, 2023 – 1-3pm ET

Lesson Five – Structuring a Coaching Relationship: Clarity Mapping

ONE WEEK BREAK

Thursday, July 13, 2023 – 1-3pm ET

Lesson Six – Decision-Making: The D.E.C.I.D.E. Framework

ONE WEEK BREAK

Module Two: The 3Ms - An ACT-Informed Coaching Practice

Wednesday, July 26, 2023 – 1-3pm ET

Lesson One – An Introduction to an ACT-Informed Coaching Practice

Thursday, July 27, 2023 – 12:30-1:30pm ET or 2-3pm ET

Mentor Coaching (2 cohorts, one hour each)

Wednesday, August 2, 2023 – 1-3pm ET

Lesson Two – MEANING: Taking Value-Based Actions

Thursday, August 3, 2023 – 12:30-1:30pm ET or 2-3pm ET

Mentor Coaching (2 cohorts, one hour each)

Wednesday, August 9, 2023 – 1-3pm ET

Lesson Three – MINDSET: Working with Unwanted Internal Experiences

Thursday, August 10, 2023 – 12:30-1:30pm ET or 2-3pm ET

Mentor Coaching (2 cohorts, one hour each)

Wednesday, August 16, 2023 – 1-3pm ET

Lesson Four – MINDFULNESS: Tapping Into Your Truth; Module Q&A

Thursday, August 17, 2023 – 12:30-1:30pm ET or 2-3pm ET

Mentor Coaching (2 cohorts, one hour each)

TWO WEEK BREAK

Module Three: Building Your Coaching Practice

Wednesday, September 6, 2023 – 1-3pm ET

Lesson One – Developing Your Coaching Niche and Approach

Thursday, September 7, 2023 – 12:30-1:30pm ET or 2-3pm ET

Mentor Coaching (2 cohorts, one hour each)

Wednesday, September 13, 2023 – 1-3pm ET

Lesson Two – Systems and Marketing for your Coaching Practice

Thursday, September 14, 2023 – 12:30-1:30pm ET or 2-3pm ET

Mentor Coaching (2 cohorts, one hour each)

Wednesday, September 20, 2023 – 1-2pm ET

Lesson Three – ICF Credentialing Process, Maintaining Ethical Practice

Thursday, September 21, 2023 – 12:30-1:30pm ET or 2-3pm ET

Mentor Coaching (2 cohorts, one hour each)